#88. LET'S TALK ABOUT IDEAL DAYS

DAILY TOPIC

PALLO!

질문에 대해 생각하고, 주어진 표현을 활용해 자유롭게 이야기해 보세요.

1. What makes a day feel perfect to you?

당신에게 완벽한 하루란 어떤 하루인가요?

KEYWORDS **sleep in (늦잠 자다) | treat (나에게 선물하다)**

Sleeping in on the weekends is the best way to start my day. Waking up late means I can feel well-rested.
Sometimes I **treat myself** to a delicious snack after a hard day at work.

2. If money were not an issue, what would your ideal day look like?

돈이 문제가 되지 않는다면, 당신의 이상적인 하루는 어떤 모습일까요?

KEYWORDS **satisfying (만족스러운) | indulge (마음껏 즐기다)**

If money were not an issue, it would be **satisfying** to eat really luxurious meals I wouldn't normally be able to afford.

I like to **indulge** in food, so most of my money is spent on quality food.

3. Would your ideal day be more about relaxing, being productive, or having fun?

당신의 이상적인 하루는 휴식, 생산적인 활동, 재미 중 어떤 것에 더 가까울까요?

KEYWORDS **take your time (천천히 하다) | unwind (긴장을 풀다)**

It is important to **take your time** when you are cooking. Rushing can lead to accidents.
After work, I **unwind** by watching some of my favorite shows or YouTube channels.

4. What could ruin your ideal day?

무엇이 당신의 이상적인 하루를 망칠 수 있을까요?

KEYWORDS **hectic (정신없이 바쁜) | obligations (의무)**

A **hectic** day means I'll have no time to rest. I'll be too busy with work and other responsibilities.

Sudden **obligations** coming up can ruin my ideal day because I won't be able to do what I want to do.

5. Have you ever had an ideal day? What was it like?

이상적인 하루를 보낸 적이 있나요? 어땠나요?

KEYWORDS **spare time (여가 시간) | escape (벗어나다)**

In my **spare time**, I like to relax by cleaning my house while listening to music.

I **escape** my usual weekday routine by going to the movie theater and watching a new movie.

6. What small thing could turn a normal day into an ideal day?

어떤 작은 일이 평범한 하루를 이상적인 하루로 바꿀 수 있을까요?

KEYWORDS **catch up on (몰아서 하다) | change of scenery (기분전환)**

An ideal day would be **catching up** on a TV show I recently started watching.
A nice **change of scenery** can help clear our minds, like taking a walk in a park instead of staying at home after work.

IMPROVEMENT Prepositions of time

When you describe your ideal day, you'll talk a lot about time. Here's which word to use
Use at for exact times, on for days, in for longer periods, and during for events.

at (시각·순간·정각)	**on** (요일·날짜·기념일)	**in** (월·연도·오전/오후)	**during** (행사·활동 중에)
I wake up **at** 7 a.m. The concert was **at** 8 p.m.	I'm free **on** Friday. **On** Christmas Day, I see my family.	I jog **in** the morning. I was born **in** May.	I fell asleep **during** the movie. I read **during** my lunch break.

WATCH OUT ~~during I was sleeping~~ → **while I was sleeping** | ~~during 3 hours~~ → **for 3 hours**

TRY THESE IN THE Daily Topic "**On** my ideal day, I'd..." "I'd wake up **at**..." "**In** the afternoon, I'd..." "**During** lunch, I'd..."

JOURNAL TOPIC

VOCABULARY REVIEW

멤버들과 영어로 대화하며 지난주 단어의 뜻을 복습하고, 한 표현씩 예문을 발표해보세요.

humble	pioneer	abuse	admire

TOPIC Kidult

FOLLOW-UP QUESTION

Is there something you loved as a child that you still like today?

어릴 때 좋아했던 것 중 지금도 여전히 좋아하는 것이 있나요?

I had always wanted to collect Pokémon cards when I was a child. Whenever I saw a new pack at a store, I would **beg my parents for** it, but they didn't understand why I wanted to spend money on small pieces of cardboard. To them, collecting cards seemed pointless, so they rarely bought them for me. As I grew older, I **grew out of** many things I liked as a child and eventually forgot about Pokémon cards. Years later, I happened to see a pack of Pokémon cards again. I suddenly remembered how excited I used to get whenever I opened a new pack. This time, I didn't have to ask my parents. I had my own money, so I decided to **treat myself to** a few packs. It was just a small purchase, but it felt surprisingly special because I could finally buy something I had wanted as a child. These days, more adults enjoy toys, keychains, figures, and character goods. I still have **a soft spot for** Pokémon cards, and seeing them can **bring back memories** of my childhood. It also seems much more natural for adults to enjoy these things now. Why are we still interested in toys even as adults? It may not be because we want to become children again. Sometimes, we simply want to **hold on to** a small part of our childhood. When we were young, our parents decided what was worth buying, but now we can spend our own money on the things we love. Maybe growing up means having the freedom to enjoy the things we loved as children in our own way.

AFTER READING

USEFUL EXPRESSIONS Using context clues, match vocabulary and expressions to their meanings.

beg for •	• ~에게 대접하다	**bring back memories** •	• 간직하다
grow out of •	• ~를 간절히 원하다	**hold on to** •	• ~에 약하다
treat somebody to •	• ~를 그만두다	**have a soft spot for** •	• 추억을 떠올리게 하다

READING CHECK Using the above text and vocabulary, answer the following questions.

1. Why did the writer's parents rarely buy Pokémon cards for them?
2. Why did buying Pokémon cards as an adult feel special to the writer?
3. Using one of the phrases and vocabulary words, make a question. Next, ask this question to a partner.

ACTIVITY My Partner's Ideal Day

1. Members will split into pairs.
멤버들은 두 명씩 짝을 이룹니다.

2. Ask your partner what their ideal day would look like and write it down in the space provided below.
짝에게 이상적인 하루가 어떤 것인지 물어보고, 아래 주어진 공간에 적으세요.

3. Present your partner's ideal day to the group and discuss whether your ideal day is similar to theirs.
짝의 완벽한 하루를 그룹에게 발표하고, 자신의 이상적인 하루가 짝의 하루와 비슷한지 서로 이야기해 보세요.

USEFUL VOCABULARY

peaceful: A peaceful day to me is one spent at the beach with cool drinks.
carefree: My carefree personality lets me enjoy every situation since I don't get overly stressed.
refreshing: A cool cup of water is refreshing on a hot day.
stress-free: I try to live stress-free by getting all my work done early and not waiting until the last minute.